



BEVERAGES

Smoothies

Berry smoothie w/ berries, mango juice, LSA, yoghurt, almond milk **8.0**

Green Smoothie w/ kale, Ginger, mango juice, peaches and coconut water **8.0**

Milkshakes

Peanut Butter **7.0**
Salted caramel **7.0**
Strawberry **7.0**
Vanilla **7.0**
Chocolate **7.0**

Tea

English breakfast **4.5**
Earl grey **4.5**
Lemon grass and ginger **4.5**
Peppermint **4.5**
Green **4.5**
Prana Chai **4.5**

Soft drinks

4.0

Coffee

Espresso **3.5**
Long Black **3.8**
Filter Coffee **4.6**
Milk Based Coffee **4.0/4.6**
Hot Chocolate **4.0/4.6**
Mocha **4.0/4.6**
Iced Coffee **7.0**
Iced Chocolate **7.0**
Chai Latte **6.5**
Tumeric coconut latte **5.5**
Matcha Maiden **5.5**
Decaf **+0.6**
Soy **+0.5**
Almond/Coconut milk **+1.0**

Wine by the glass

Pinot Grigio **8.0**
Sauvignon Blanc **8.0**
Shiraz **8.0**
Sparkling **8.0**

Beer

VB **7.5**
Furphy **8.0**
Stone and Wood **8.5**
Somersby Cider **8.0**

Cocktails

Bloody Mary **10.0**
Espresso Martini **12.0**
Aperol Spritz **10.0**



ALL DAY MENU

Sourdough toast/fruit toast/ multigrain Gluten Free	6.5 +1.0	Superfood Green Goddess Salad w/ quinoa, kale, sweet potato, avocado, toasted seeds, torn herb, and mustard/honey dressing	17.0	Sides Poached Egg	2.5
Bacon and Egg Roll Roasted vegetable toastie Chicken, lettuce and herb mayo baguette	8.0 9.0 10.0	Chicken Lentil Salad w/ rocket, capsicum, pepitas, sesame seeds, smoked almonds, Lgarlic, chilli and lemon dressing	17.0	Roasted Tomatoes/spinach Haloumi/Bacon/Mushrooms Avocado/Feta/Poached chicken Fries/Vegetable Crisps	3.0 4.0 5.0 7.5
Eggs your way on toast	10.0	Mexican Salad w/ black rice, corn, red onion, coriander, jalapeño, avocado, chilli, and lime/ coriander dressing	16.0		
Granola Bowl w/ mixed nuts, seeds, acai yoghurt, peanut butter, fruit	14.0	Chilli Scrambled Eggs w/ bacon, shallots, tomato, parsley, parmesan, on toast	17.0		
Smashed Avo w/ heirloom tomatoes, chilli and basil pesto, toasted seeds, lime and Meredith feta on sourdough	16.0	Beef Burger w/ bacon, sliced tomato, gherkins and cheese on a brioche milk bun, tomato relish, red onion and vegetable crisps	16.0		
Slow Roasted Mushrooms w/thyme, garlic, chilli cashew cream, dukkha crumb on sourdough	17.0	Reeses Peanut Spread Panna Cotta w/ shortbread, fresh fruit, coconut	17.0		
Sweet Potato, Halloumi stack w/ tomato, roasted beetroot puree and cumin yoghurt	17.0	Lemon Curd Pancakes w/ berry coulis, fresh fruit and mascarpone	17.0		

