

# All day, everyday.

## **ORGANIC TOAST** 7.0

Grain, sourdough or fruit loaf – cultured butter

## **EGGS YOUR WAY ON TOAST** 10.0

+ Egg /Tomato chutney 2.5  
+ Sautéed spinach / Hollandaise 3.0  
+ Avocado / Mushrooms/ Potato rosti 4.0  
+ Bacon / Halloumi 4.5  
+ Cured salmon / Poached Chicken 5.0  
+ Gluten free bread 1.5

## **HOUSE BIRCHER** (Ve) 15.0

Blueberry, coconut, tonka bean, seeds

## **ACAI BOWL** (Ve, GF) 16.0

Acai, organic crumble, banana, peanut butter, seasonal fruits

## **'GOOOOY' CHOC CARAMEL** 17.5

Choc brownie, dulce de leche, cookies and cream

## **AVOCADO TOAST** (VO) 17.5

Goats cheese, zucchini, asparagus, salsa verde, pinenuts, pistachio  
+ Poached Egg 2.5

## **BREAKFAST SALAD** (VO, GF) 17.5

Asparagus, zucchini, roquette, poached egg,  
housemade jersey milk curd, green onion oil, mint, dill

## **CHILLI SCRAMBLED** 17.5

Chilli jam, pickled jalapeno, cauliflower, curry leaves, flatbread

## **BAKED EGGS** 19.0

Spiced sugo, roasted capsicum, chickpeas, nduja\* dressing  
\*Nduja – spreadable Italian sausage

Please note, our kitchen closes at 3pm – life's  
too short to say no to cake.

## **CORN TOAST** 18.0

Miso charred corn, bacon, herbs, poached egg, toast

## **BENEDICT** 18.0

Ham, potato rosti, hollandaise, watercress salad, poached eggs

## **SUPERFOOD SALAD** (VO, GF) 17.5

Kale, quinoa, avocado, granny smith, halloumi,  
almonds, goji, chia, sumac hummus  
+ Poached egg 2.5  
+ Grilled chicken 5.0

## **GRAIN SALAD** (VO) 13.0

Lentils, frekkah, nashi dressing, nuts, zaatar labnah  
+ Grilled chicken 5.0

## **PRAWN CEASAR SALAD** 18.0

Baby gem, poached egg, bacon, parmesan, croutons

## **FRIED CHICKEN BURGER** 19.0

Bacon, green tomato, coleslaw, sriracha aioli, chips

## **CHIPS** 7.0

w aioli

## **LITTLE PEEPS**

Pancake, vanilla icecream, sprinkles, maple 9.0

Ham cheese toastie 7.0

Egg on toast 6.5

Avocado & Vegemite soldiers 5.0

Unicorn Milkshake // Chocolate, Strawberry, Blue heaven, Vanilla 5.0

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COFFEE

Black 3.8  
White 4.0  
Filter 4.5

WELLNESS LATTE

Coconut Turmeric 5.0  
Hibiscus & Beetroot 5.0  
Soy Prana Chai 5.0  
Matcha 5.0

EXTRAS

+ Soy 20c  
+ Raw almond milk 1.0  
+ Coconut milk 50c

ICE ICE BABY

**Iced Latte** 4.5  
Espresso, ice, milk

**Iced Chocolate** 5.0  
Chocolate, icecream, milk

**Iced Hazelnut** 5.5  
Espresso, hazelnut, coconut milk

**Iced Vanilla** 5.5  
Espresso, vanilla, coconut milk

**Iced Peppermint** 5.5  
Espresso, peppermint, coconut milk

CHOCOLATE

Hot chocolate 4.5

ORGANIC TEA 4.0

Good Morning  
Earl Grey  
White Peony  
Lemongrass & Ginger  
Peppermint

H2O

Carton & Co Boxed Water 3.5  
Hepburn Springs sparkling water 4.0

SODA

Natural Cola 4.0  
Natural Lemonade 4.0  
Kombucha 5.0  
Coke 4.0  
Diet Coke 3.5

SMOOTHIE 9.0

**Protein Snickers (Ve)** 9.0  
Almond Milk , protein,  
peanut butter, banana,  
dates, nectar

**Nutberry (Ve)** 9.0  
Raspberries, banana,  
peanut butter, nectar,  
almond milk

**Schwarzenegger (Ve)** 9.0  
Blueberries, banana, nut butter,  
maple, cinnamon, cacao nibs,  
protein, almond milk

**Oreo Thickshake** 9.0  
Oreo, ice cream, malt, milk

**Cappuccino Thickshake** 9.0  
Espresso, cocoa, ice-cream,  
milk

**Bananarama** 7.5  
Banana, honey, yoghurt,  
cinnamon, milk